# THE PULSE OF YOUNG INDIA

Voice of Youth from grassroot

**March Newsletter** 

Issue No. 13





#### **Exploring the Fusion of STEM and Art**

CYDA & United Way Delhi organized an exposure visit for 30 students of Yashwantrao Chavan Prathamik & Madhyamik Vidyalaya, Bhosari along with their peers from STEM Innovation Learning Center, Yerwada. They embarked on a journey of discovery and creativity during their visit to Zapurza Museum of Art & Culture on 27th March. While the foundation of the visit was built on STEM ideas, the introduction of Arts (A) converted the encounter into a celebration of STEAM. Students were introduced not only to science and technology through interactive displays and immersive experiences, but also to the potential of creativity and expression through art. The progression of communication instruments, such as typewriters and gramophones, inspired wonder, and curiosity throughout the exhibition. Students improved their understanding of STEM concepts, explored opportunities in science and technology, thus promoting creativity and innovation in a fun and participatory manner. One of the joys of the visit was observing how typewriters and phones are made, as well as artefacts and crucial inventions, that gave insights to the tools which were used in earlier times. This hands-on experience not only improved the kids' comprehension of STEM subjects, but also gave them a concrete connection to the origins of technology.



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## **Empowering Women: Celebrating Strength & Diversity**

Women's Day was celebrated from 8th to 17th March, 2024, at Dapodi Anadwan, Kasarwadi Hirabai community, Salvenagar, Padmawati, Private Road, and Tadiwala Road. With 330 participants, dignitaries including, Vailshali Ladge – SHG Group, Ms.Jamdadhade Skills Development Dept., Ms.Damini Pathak – Police officer Kasarwadi, Ms.Meghale –Melty Commander, the event emphasised the significance of recognising and leveraging individual talents and skills. Women like Ms. Yasmin Shaikh, Computer Operator, Ms. Madhvi Randive, Security Guard Assistant, and Ms. Riya Shinde, Petrol Pump Assistant, inspired others to forge their own paths and define their individual identities by sharing their personal experiences of overcoming challenges in non-traditional livelihood sectors. The Dapodi Administration Ward - H Kasarwadi Police Station's effort not only encouraged young women, but also acted as an inspiration for empowerment and self-esteem, encouraging women to embrace their potential and make important contributions to society. The project is supported by Bajaj Finserv United Way Hyderabad, and EMpower.





## **Empowering Adolescents: Prioritizing Menstrual Hygiene and Wellness**

On 28th March, our resource person, Ms. Amruta Kengar of Aditya Birla Education Trust, led the workshop on Menstrual Hygiene and wellness, which increased awareness among adolescents about the importance of menstrual hygiene and proper nutrition. Ms. Kengar emphasised the importance of menstrual hygiene and advised girls on the best ways to stay healthy and comfortable throughout their periods. Participants actively engaged with the topic, by asking insightful questions and seeking clarifications on various aspects. In their written feedback, the adolescent girls appreciated the useful information gained and the importance of these sessions. The support of Coforge played a vital role in reaching out to the adolescents.







**41** adolescent girls gained insights into the need for incorporating proper menstrual hygiene and nutritious food into their daily routines for improved over all health.

## **Empowering Young Women through EDP Training**

In March 2024, CYDA, Bajaj Finserv, and YouthAid Foundation co-hosted an Entrepreneurship Development Programme (EDP) training session in Salvenagar, which was attended by 18 young girls and women. The workshop, conducted by Mr. Mathew Mattam, Mr. Mayur Gadsingh, and Ms. Smita Sonde, sought to provide participants with the necessary skills and information to establish their own business.





Prior to diving into the training courses, participants were urged to understand the nuances of market dynamics and client demands and desires. They were also urged to obtain practical experience by working in several businesses for a year to better understand the risks, challenges, and opportunities involved.

Throughout the training, emphasis was laid on providing comprehensive guidance on entrepreneurship development, covering strategies, processes, and essential business techniques. The participants not only learnt about the fundamentals of business startup but also had the opportunity to develop their knowledge and skills.



The EDP training empowered participants with the necessary tools for venturing into entrepreneurship and also fostered a sense of confidence and readiness to pursue their business aspirations.

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